



## Discharge Readiness Checklist

Type of DC	Item	Check
SNF	Intent to Discharge to SNF	
SNF	Has all assistive/adaptive equipment been ordered?	
SNF	Caregiver education and training completed and documented for Restorative Nursing Program	
SNF	Caregiver education and training completed and documented for Therapy Maintenance Program	
SNF	Caregiver education and training completed and documented for use of assistive/adaptive equipment	
SNF	Have the long-term goals been met?	
SNF	Can the patient safely transfer in/out of the car?	
SNF	Can the patient toilet safely?	
SNF	Can the patient use the telephone to call for safety?	
SNF	Can the patient make needs and wants known?	
SNF	Does the patient exhibit safe swallowing techniques to be performed alone?	
SNF	Can the patient be left alone during the day?	
SNF	Does the patient's home require modifications?	
SNF	Can the patient ambulate safely to the dining room including negotiation of turns, ambulation in tight spaces?	
SNF	Can the patient propel wheelchair distances to be able to go to dining room and activities?	
SNF	Can the patient retrieve clothes from the closet for independent dressing?	
SNF	Can the patient swallow current diet texture without choking or is supervision required?	
SNF	Does the patient require equipment for self-care, mobility activities?	
SNF	Does the patient require communication/cognition aides?	
SNF	Do the original goals take into account the current discharge environment?	
SNF	Can the patient safely feed self?	
ALF	Intent to discharge form completed to ALF	
ALF	Ability to rise from lying/sitting on the floor	
ALF	Ability to retrieve objects from the floor	
ALF	Ability to perform basic ADL, including bathing/showering, toileting, hygiene, grooming, dressing, etc.	



ALF	Ability to complete car transfers	
ALF	Home assessment or review of environmental factors: Distance from resident's room to dining room	
ALF	Home assessment or review of environmental factors: Other environmental factors	
ALF	Home assessment or review of environmental factors: Distance from resident's room to common areas	
ALF	Emergency Preparedness: Ability to perform floor <-> stand transfers	
ALF	Emergency Preparedness: Ability to use the telephone	
ALF	Emergency Preparedness: Ability to follow Emergency Preparedness Protocol	
ALF	Emergency Preparedness: Fall recovery technique	
ALF	Has all assistive/adaptive equipment been ordered?	
ALF	Patient/family education and training completed and documented	
ALF	Are additional services after discharge included in Discharge Summary? Where they communicated to caregivers?	
ALF	Are steps or curbs present?	
Home	Was intent to Discharge Home form completed and provided to designated facility staff?	
Home	Was the discharge date and location identified?	
Home	Ability to rise from lying/sitting on the floor	
Home	Ability to perform ADLs: dressing, bathing/showering, hygiene, grooming	
Home	Home assessment or review of environmental factors: Distance from room to room, ability to safely operate appliances	
Home	Home assessment or review of environmental factors: Presence of steps, curbs	
Home	Home assessment or review of environmental factors: Need for alterations to accommodate assistive/adaptive devices (e.g., widening doorways, wheelchair ramp, bathroom modifications)	
Home	Home assessment or review of environmental factors: Other environmental factors	
Home	Emergency Preparedness: Emergency Preparedness Plan – refer to Preparing for Emergency document and Emergency Preparedness Protocol	



Home	Emergency Preparedness: Ability to perform floor <-> stand transfers	
Home	Emergency Preparedness: Fall recovery technique	
Home	Emergency Preparedness: Ability to negotiate steps	
Home	Emergency Preparedness: Ability to use the telephone	
Home	Emergency Preparedness: Ability to complete car transfers	
Home	IADL including meal preparation, medication management, emergency response preparedness, community mobility including driving readiness and safety, financial management, pet management, household management (e.g., laundry, cleaning, shopping)	
Home	Has all assistive/adaptive equipment been ordered?	
Home	Are additional services after discharge included in discharge summary? Where they communicated to caregivers?	
Home with Home Health	Are additional services after discharge included in discharge summary? Where they communicated to caregivers?	
Home with Home Health	Does the patient exhibit safe swallowing techniques?	
Home with Home Health	Does the patient's home require modifications?	
Home with Home Health	Can the patient ambulate safely to the dining room including negotiation of turns, ambulation in tight spaces?	
Home with Home Health	Does the patient have small pets?	
Home with Home Health	Will the patient need wound caregiver assistance?	
Home with Home Health	Can the patient manage medication?	
Home with Home Health	Can the patient manipulate steps, thresholds, curbs?	
Home with Home Health	Can the patient perform simple food preparation safely?	
Home with Home Health	Can the patient be left alone during the day?	
Home with Home Health	Can the patient operate a phone alone?	